

DRY hardens, separates
Parched Tension
Discrimination, Analysis
Categorization
Breaking Things Down
Making Distinctions
Solitude, Estrangement, Politics
Warfare, Conflict, Defining Limits
Making Boundaries
Structure, Organization
Wisdom
TRANSFORMATION

DRY
Autumn
Elder
Sunset

HOT
Summer
Adult/Midlife
Noon

HOT Increases Energy
Motion Accelerates, Generates
Energizing, Exciting, Warming
Brightened, Empassioned
Inspiring, Uplifting, Enthusiastic
Actualized Enlightened Illuminated
AWAKENED

WET
Spring
Teens/Young
Adult
Sunrise

WET Softens, Loosens
Moisturizes
Blending, Synthesis
Promises Vision
Makes Connections, Bonding, Inclusiveness
Socialization, Togetherness, Community
Creative Process, Invention, Innovation
Inspires Genius
STEPPING BEYOND ~ MOVING THROUGH

COLD
Winter
Birth
Midnight

COLD Decreases Energy
Freezes Stillness Quietness
Deceleration, Makes Static, Rest
Conservation, Relaxing, Soothing, Healing
Dispassionate, Inward Illumination, Reflection
Endarkenment, Clarification, Concentration, Focus
State of Meditation, Transcendence
Imagination, Dreams, Intuition
Everything is Possible
POTENTIAL

